

The Signature

Signonella, Sicily

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TOP STORIES

Representatives from the Troops to Teachers (TTT) program visited Commander, U.S. Naval Forces Europe headquarters building April 20, to inform Sailors of a possible second career, "serving students."

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USS Kitty Hawk (CV 63), currently the Navy's only permanently forward-deployed aircraft carrier, turned 43 years old April 29, with an under way cake-cutting ceremony to celebrate the beginning of another year in the life of America's oldest active Navy ship.

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Marines and Sailors wounded in battle and treated at the National Naval Medical Center can expect a comprehensive approach to health care.

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It takes a lot of hard work and perseverance to earn the right to wear the symbol of an Eagle Scout – an eagle with the Boy Scout motto "Be prepared" on a red white and blue field, but one Signonellan recently accomplished this feat.

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The "Tridents" of Patrol Squadron 26 (VP-26) surpassed last year's mark in a recent month-long fundraising effort for the Navy-Marine Corps Relief Society (NMCRS).

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Amsterdam: Venice of the North



Just one of the spectacular canal views of the Amstel River in downtown Amsterdam. Amsterdam has it all...food, canal boats, entertainment and of course, tulips and windmills. The trip was sponsored by MWR's ITT.

Story and photos by
LT. Steve Curry
Public Affairs Officer

Amsterdam is sometimes referred to as the "Venice of the North" due to the city being built along canals off of the Amstel River. A place where the tulips, windmills, Van Gogh, Rembrandt and wooden shoes all come together to provide visitors an exciting opportunity to learn about the city's rich history. I always wanted to visit the land of the windmills and my wife and I finally got the chance to go during a recent ITT trip.

The quick flight from Catania directly into Brussels, Belgium offered us a chance to see some of the sites in Brussels on our way to Amsterdam. Brussels offers some spectacular gardens, parks and historic buildings to visit. Brussels is also home to the European Commission and the council of ministers to the European Union. Brussels is widely known for its

lace. The main square where the trade guilds were located is a shopper's and eater's paradise. You can find every type of food (I really enjoyed the Belgian waffles) that can meet your needs.

One stop should be the Atomium. This large metal atom-looking structure represents a crystal molecule magnified at 165 billion times and was built for the 1958 World's Fair Exhibition. It is truly a work of engineering genius. The spectacular Jubilee Arch was constructed in honor of Belgium's 50th anniversary in the Parc du Cinquantenaire (Jubelpark). For a great shopping experience, we found our way down to the Grote Market area. This historic market square with its splendid guild houses and the impressive Gothic beauty of the Town Hall is widely considered to be one of the most beautiful town squares in Europe.

The two-hour bus trip to Amsterdam was amazing. You could see all of the fields of tulips, flowers and windmills scattered

across the horizon. Arriving in Amsterdam, we stayed at the NH Doelen (Dew-len) hotel sitting on the banks of the Amstel River. This magnificent hotel was the original place where Rembrandt painted his *Nightwatch*. The rooms were spacious and the breakfast each morning was a blend of Dutch meats, cheeses and other delicacies. The hotel is right in the center of town with easy access to shopping, food and public transportation choices. Most Dutch speak English so you won't have to take a Dutch class before you go.

Our first day in Amsterdam was on our own and we took our time getting up and about. Remember, vacations are for relaxing and doing what you want to do!

Amsterdam has about 800,000 residents and about 800,000 bicycles (which is the Dutch way to get around). The Dutch people are friendly, courteous, and helpful in directing you to the hot spots to see and how to get there quickly. Public transportation via the train system

and metro is fantastic and easy to understand. It is best to buy round-trip tickets when you are there. I found the best way to see Amsterdam is on foot. You can quickly walk about from site to site (which gives you the chance to fall in love with the city and do some window-shopping all at the same time).

Our first site seeing trip near Amsterdam was the Keukenhof Gardens. Actually, we had to take a train and a bus to get there but it was worth the excursion outside of the city. Keukenhof is a large flower garden with a wide-range of blooming tulips, daffodils, carnations, sunflowers, hyacinths, and others blooming flowers and plants. The tulip, closely followed by lilies, gladioli, daffodils and many other decorative flowers, is now one of the Netherlands most important export products. There is also a fun hedge maze to walk through

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Burke: Sigonella's newest master chief

Story and photo by
Alexis James
Staff Writer

What does it feel like to be in the top one percent? Newly-appointed Master Chief James Burke has one word: overwhelming. Burke, who started his Navy career 23 years ago, was the only Sailor stationed at Naval Air Station (NAS) Sigonella to be promoted from Senior Chief to Master Chief. Only one percent of Senior Enlisted Navy members share this honor.

Burke describes the honor as a humbling experience. "Deep down you're hoping for the best," he says, "but you never can tell." Now that his hope is a reality, he's a long way from his boot camp days when, he says, "the only guarantee I had was a seat on a plane to go to Great Lakes."

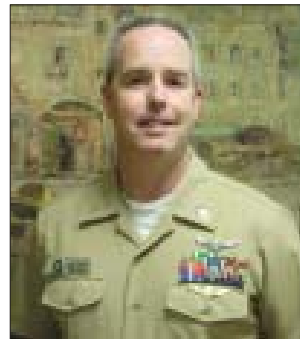
Having joined the Navy as an undesignated Seaman Recruit, Burke attributes his success over the years to an unrivaled support system. After choosing a career as an Aviation Warfare Systems Operator, his mentors on the job spent time encouraging and teaching him. "I like to think that each one of them, I took a little bit of something they imparted on to me to make up my character what it is today."

Burke's wife of 17 years now knows the adventure a Navy life can bring. "All that time my wife has been in the Navy as well, as a part of my life," he continues, "She shares in those deployments, in the happy times and sad times as well." She and their two boys had an especially happy day when, after telling his wife over the phone that he hadn't heard anything about the promotion, he came home and surprised them with the news. "All day long at work I had (the news) inside me.

My head was killing me. I had such a big grin, a smile. It was great."

In addition to a supportive family, Burke has the opportunity to serve with a "close-knit group ... that's pretty unique." This is a small rating and he believes being able to work with this extraordinary group is another reason he attained his new rank. According to Burke, it's helpful, "when I have leadership at the junior level to do the job and tasks that are needed." He says his well-trained co-workers throughout the years made his job easier.

The job Burke does now is different from any job he's had at any other billet. "This is my first tour of duty outside of helicopters – working at the tactical support center. What we do over there is we support the squadrons that deploy [here] as well as any NATO assets," he explains. Used to operational



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AWCM(AW/NAC) James Burke



Direct Line

Capt. T.L. Davison
NASSIG
Commanding Officer

I remember hearing about a factory label that was sewn on a pair of kids Superman pajamas. The label stated, "wearing of this garment does not enable you to fly". Even the WWE "Smackdown" reminds its viewers to "not try this at home". There are plenty of do's and don'ts in this world. Kids believe a lot of things that people tell them. Most of their beliefs or thoughts come from peer pressure at school.

We have a problem with some of Sigonella's students conducting themselves inappropriately (social conduct and sexual activity) on the base, on the activities buses, behind the NEX/Commissary buildings and more. This minority of students gives the entire student population a bad rap. As leaders, it is our responsibility to maintain good order and discipline. As parents, it is our responsibility to know what our children are doing and how they are behaving on the base and at school.

The teachers are here to teach. They are not here to dictate morals, values or behavior modifications on our children. Teaching is one of the hardest careers there is. Our teachers do provide a positive, appropriate and stable environment that encourages our children to learn.

Parents need to be parents. You must know who your children's friends are and what they are doing. High School Principal, Ms. Marj Lewallen and Naval Hospital executive officer, Capt Bruce Boynton recently organized an information session for parents/teachers of middle and high school students. The base has been concerned over the continual number of reports received on aberrant behavior. Apparently, a few are engaging in sexual activity on base/school grounds and vandalizing buses and other government property.

The school nurse, Ms. Misuraca opened the session of about 50 adults and a few students in the school library. She had many handouts, pamphlets, water, and refreshments. The Teen Center physician, Dr. Kurt Eichenmuller presented a slide show of how many patients he sees for Sexually Transmitted Diseases and possible pregnancies. Ms. Misuraca then followed up with several examples that either teachers or students had told her of stories of sexually active students that were conducting life altering and self-destructive behavior.

I think a lot of good suggestions have come out of the first meeting. One suggestion was to establish a Neighborhood Watch program. Another suggestion was to have volunteers ride the activity buses enroute home. We will be having more sessions to discuss these matters and hopefully find some solutions.

Some other areas that we need everyone's help in solving is shoplifting and vandalism. I just signed a NASSIG instruction, which states that if a child is caught shoplifting anywhere on base, he or she will lose all NEX privileges for up to six months. In addition, the parents will be held accountable as well with their privileges being suspended for up to two weeks. I have mentioned this before about vandalism in the government housing areas and it's gotten better. However, there are still some acts of vandalism in Mineo, Marinai and other housing areas.

All violations should be reported to the Security Department for administrative or other actions that are deemed necessary. Everyone needs to pay attention and report any violations or disturbances. Also, if the violations are severe or repetitive, I may be forced to revoke the command sponsorship for the dependents. This is a serious action that I prefer not to take but I will make those decisions as they come forward.

Parents, please be involved in your child's lives. Be responsible. Be a role model. Listen to them and meet their needs. If you are having a difficult time with parenting or if you have questions, the Fleet Family Support Center is here to help. Just give them a call.

By the way, this week is Teacher Appreciation Week and Child Care Provider Appreciation Week, so please tell the teachers and your child care providers thanks!

HEALTHWATCH

May is high blood pressure awareness month

Kimberly N. Taylor, RN, BSN, CCM

Hypertension or high blood pressure means the pressure in your arteries is above the normal range. In most cases, no one knows what causes high blood pressure. Left untreated, damage to the heart and blood vessels is likely, increasing the risk of stroke, heart attack, and kidney or heart failure. High blood pressure is called the "Silent Killer" because usually there are no symptoms until it reaches a life-threatening stage.

Many people do not know what a normal blood pressure reading is, or why it is called the "Silent Killer." There is truly no "ideal" blood pressure reading because each individual is different. However, there is a range of "normal" blood pressure. Blood pressure is written as two numbers. Generally, a reading that is less than 140 over 90 (written as 140/90) indicates that you do not need to worry. If either or both numbers are equal to or higher than 140 over 90 for an extended period of time, you have high blood pressure or hypertension.

High blood pressure, the "silent killer," is named because many people have the condition for years and

never know it. Some individuals with high blood pressure never experience symptoms. Others may have symptoms such as changes in vision, headaches, or dizziness. Because you may never experience signs or symptoms of hypertension, it is important that you have a healthcare professional check your blood pressure and write it down for you. If you are an individual who has "uncontrollable risk factors" then it is extremely important to have your blood pressure checked.

Uncontrollable risk factors are those risk factors that you have no control over, such as age, sex, race or ethnicity. High blood pressure is prevalent among African Americans, middle-aged and elderly people, obese people, heavy drinkers and women who are taking birth control pills. It may run in families, but many people with a strong family history of high blood pressure never have it. Being overweight, eating too much salt, drinking too much alcohol, and not exercising are all risk factors that put you at risk and are within your control.

According to the American Heart Association, if you are a person fitting the description below, you should have your blood pressure checked.

- Have family members who have high blood pressure
- African-Americans
- Women who are pregnant
- People over 35
- Overweight
- Not physically active on a regular basis
- Drink alcohol in excess (>1 drink/day for women & >2 drinks/day for men)
- Eat too many fatty foods or foods with too much salt

Use tobacco products
High blood pressure affects about 20 percent of people living in the United States and one-third of these people do not know they have a problem. The only way to tell if you have high blood pressure is to have it checked. Hypertension can be treated. Mild cases can be treated through behavior modifications like diet changes and increasing exercise. More severe cases require medications. So your primary care provider if you have risk factors and desire to have your blood pressure checked.



CRIMESTOPPER'S HOTLINE
624-6389
April 26 - May 2

The following incidents were reported and categorized as follows:

- Traffic accidents without injuries - 9
- Traffic accident with injuries - 5
- Car break-ins - 0
- DUI - 2
- DUI's 2004 - 8
- DUI's 2003 - 58

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Letter to the Editor ...

Dear Editor,

I just wanted to take this opportunity to tell the teachers and caregivers how much I appreciate them. This week has been National Teacher Appreciation Week and National Provider Appreciation Week. It's a chance for us as parents to show appreciation for the care these dedicated people give to our children. Our children are with these folks more of their waking hours than they are with us. They help mold and guide our children as they grow, and most of them have genuine love of children.

Many of you may not be aware of how much training is required of Child Development Center and Child Development Home providers. These people go through a week of rigorous training that covers areas such as child development, child/infant CPR, first aide, child abuse reporting procedures, childhood illnesses and fire safety before they are in ratio with children. They continue to have monthly training and are required to complete the Navy Standardized Training Program while they are employed.

The teachers at our DoDD's school also have mandatory staff development and training throughout the year. Many stay late or go in on weekends to prepare for their students. Ms. Soebj just put on a spectacular review of Brownie plays that many teachers and parents contributed to.

If you haven't told your child's teacher or childcare provider how much you appreciate them, don't wait another day. However you choose to show it let them know how much you appreciate their time and commitment to children! I know I do!

Sincerely,
Sheri Curry

Troops to Teachers: Service After the Military

By JO2 Lily Daniels
Commander, U.S. Naval Forces
Europe Public Affairs

LONDON (NNS) —

Representatives from the Troops to Teachers (TTT) program visited Commander, U.S. Naval Forces Europe headquarters building April 20, to inform Sailors of a possible second career, "serving students."

Attendees were able to gain insight into the process of becoming a teacher, including certification requirements and job opportunities.

Sailors with a baccalaureate degree or higher are eligible to begin the teaching certification process to become an academic subject teacher. However, many Sailors may already qualify to become a vocational/technical teacher. Sailors only need the equivalent of one year of college courses and six years of experience in a vocational or technical field to begin the certification process.

To complete the process, individuals can use an Alternative Certification Program (ACP) or

University Teacher Preparation Program. Sailors within the European theater may benefit from an ACP, since this method offers online courses to obtain the teaching certification.

Members from all of the armed forces can use tuition assistance for their teaching certification while on active duty. Members may also be eligible for financial assistance for teacher certification expenses. A commitment to teach for three years in a "high-need" school district or at a high school with a high percentage of low-income families is part of the obligation for receiving some forms of financial aid.

There are 33 state TTT offices nationwide that offer placement assistance for the 45 states participating in the program. Offices can assist Sailors with state certification requirements. Sailors can take advantage of the TTT Web site, www.ProudToServeAgain.com, to correspond with representatives and receive alternative certification information.

"Too Good to be True?"

By Chaplain
Joseph
Carlos
Command
Chaplain

Sometimes we read e-mail messages, and we can wonder if this is too good to be true. Readers might recall the communique dealing with Microsoft, which was trying to get a new data base or something, and the person was advised to forward the message to everyone he or she knew in hopes that these people would forward the message on to their list. The original reader/sender would get money every time the message was sent on. And it had to be true because so and so's cousin in Buffalo is an attorney, and he got a check from Microsoft for \$8,763.00. And there have been other scams. What is true?

Maybe you recently received part of the following message. Are all the numbers accurate? If the case is that only half of what's stated is true, then it's good news for all of us. In the message one reads that in Iraq today over 400,000 children have up-to-date immunizations. School attendance is up 80 percent from levels before the war. Over 1,500 schools have been renovated and rid of the weapons stored there so education can occur. Over 4.5 million people have clean drinking water for the first time ever in Iraq. The country now receives two times the electrical power it did before the war. 100 percent of the hospitals are open and fully staffed, compared

to 35 percent 36 before the war. Sewer and water lines are installed in every major city. Over 60,000 police are patrolling the streets. Over 400,000 people have telephones for the first time ever. Girls are allowed to attend school.

Are these numbers and statistics too good to be true? Let's hope they're true because the price to pay for them has been high. How many coalition lives have been sacrificed and continue to be in harm's way? How many innocent Iraqis have simply been in the wrong place at the wrong time and now are buried? What about the cost in terms of lost jobs for reservists called up or family relationships that hit the skids because of the extended deployments? It is much too early to tell what the long-term damage will be to the psyches and souls of the warriors. And we'll probably never really know the total cost to the American taxpayer in terms of dollars. What price does one pay so that others can drink clean water and have proper sanitation? As the wealthiest country on Earth, do we Americans have some responsibility for freeing people from tyrannical oppression so they can live in freedom and experience opportunities for education?

Let's pray that the numbers are accurate and that the stats reflect the beginning of a new life for many. These human and societal improvements have come at great sacrifice. Let us not ignore the good news they represent.

NAS Sigonella Worship Opportunities

Catholic Mass
Saturday 5 p.m. Chapel (NAS II)
Sunday 9 a.m. Chapel (NAS I)
Sunday 9 a.m. in Italian 41*
Stormo Chapel (NAS II)
Sunday 11 a.m. Community Center (Mineo)

Protestant Traditional Service
Sunday 11 a.m. Fellowship Hall (NAS I)

Protestant Worship
Sunday 9 a.m. Community Center (Mineo)
Sunday 10:45 a.m. Chapel (NAS I)

United Pentecostal Church, International
Sunday Noon Chapel, (NAS II)

Church of Jesus Christ of Latter Day Saints
Sunday 1 p.m. Chapel (NAS I)

Church of Christ
Sunday 3:30 p.m. Chapel (NAS I)

Jewish Shabbat Service
Last Friday of the month 5 p.m. Chapel (NAS I)

Muslim Jumuaah
Friday 12:30 p.m. Chapel (NAS I) Classroom

Weekdays
Catholic Mass 4:30 p.m.
Monday & Tuesday
11:30 a.m. Thursday & Friday (NAS I)
Monday thru Thursday at 11:30 a.m. (NAS II)
Wednesday Protestant Bible Study
4:45 p.m. (NAS II Chapel)
5 p.m. (NAS I Chapel)
For more details, call 624-4295 or 624-9049.

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NAVY NEWS

America's oldest active warship turns 43, still going strong

By JOSH Christopher Koons
USS Kitty Hawk Public Affairs

USS KITTY HAWK, At Sea (NNS) — USS Kitty Hawk (CV 63), currently the Navy's only permanently forward-deployed aircraft carrier, turned 43 years old April 29, with an under way cake-cutting ceremony to celebrate the beginning of another year in the life of America's oldest active Navy ship.

"Kitty Hawk has now served under nine presidents," said Capt. Thomas Parker, Kitty Hawk's commanding officer, as he cut the ship's birthday cake in the aft mess decks. "Construction started on it when Eisenhower was president and concluded when Kennedy was president."

Parker also pointed out that Kitty Hawk has had 32 commanding officers, including himself, and had conducted 373,157 successful aircraft traps at the time of the ceremony.

"The ship is like a fine wine; it doesn't get older, it gets better," he said.

Standing alongside Parker as he cut the cake were 10 Kitty Hawk Sailors who shared the same birthday as the ship, April 29, some of whom said they felt great pride at being honored guests at the ceremony.

"I also first arrived in Japan on this day, so it's pretty cool," said Operations Specialist 3rd Class James Maley, of operations department.

"It fills me with pride to have the same birthday as Kitty Hawk," said Aviation Support Equipment Technician 3rd Class Cristino Doctolero, of aircraft intermediate maintenance department (AIMD).

Kitty Hawk was commissioned at the Philadelphia Naval Shipyard April 29, 1961. It is the second U.S. Navy ship named after the town near which Orville and Wilbur Wright flew the first-ever successful, controlled, powered aircraft Dec. 17, 1903. Kitty Hawk's original homeport was San Diego.

Since then, Kitty Hawk has participated in operations around international hotspots, such as Vietnam, Korea, the Persian Gulf, the Balkans, Afghanistan and most recently, the war in Iraq.

Kitty Hawk took over the mantle of being America's only permanently forward-deployed aircraft carrier in 1998 from USS Independence (CV 62), which was decommissioned that year. Also in 1998, Kitty Hawk joined with Carrier Air Wing (CVW) 5 and arrived at its new operating location of Yokosuka, Japan.



A Catapult officer signals the launch of an F/A-18F Super Hornet assigned to the "Diamondbacks" of Strike Fighter Squadron One Zero Two (VFA-102) aboard the conventional aircraft carrier USS Kitty Hawk (CV 63).

After returning May 6 from service in Operation Iraqi Freedom, Kitty Hawk entered an extensive maintenance and dry-dock period that concluded Oct. 17. The ship soon resumed its role cruising the western Pacific Ocean and is currently conducting operations during its Spring 2004 under way period.

Some Kitty Hawk and CVW-5 leaders said that despite its age, the ship is still in the prime of its life.

"The ship's a year younger than me, but it's still looking pretty good," said Senior Chief Photographer's Mate (AW) Jerry McLain, Kitty Hawk mess caterer for the chief petty officer's mess.

Kitty Hawk can continue to play a vital role as long as it has to, said McLain.

"It all depends on the time and resources put in to maintain it, but we already have proven that this crew provides great manpower," he said.

Kitty Hawk's performance supporting the global war on terrorism confirms that it's still a powerhouse, said CVW-5 Command Master Chief (SW/AW) Kenneth Green.

"Kitty Hawk has been in some of the hottest spots in the world recently, and it has performed fine," said Green.

"It's still a great ship going strong."

Rear Adm. Jamie Kelly, commander of the Kitty Hawk Strike Group, said Kitty Hawk's crew should continue to take good care of their ship, providing it with tender loving care.

"The greatest crew in the fleet is giving it that care," he said.

Ethics: A practical part of decision-making process

by U.S. Sixth Fleet Public Affairs

You are stationed in Europe and have just been told that your grandmother died in the United States. Your command gets you on an AMC flight to Norfolk, Va. but follow-on travel to your grandmother's hometown is not provided. At the airline ticket counter, you are informed there is not enough credit left on your personal credit card to cover the cost of a commercial ticket. There is a government travel card in your wallet, strictly for official use but with enough available credit to buy the ticket. Do you use the government card to get to your grandmother's funeral on time?

Situations like this one, where the difference between right and wrong can be a perilous tight rope, are a common occurrence in everyday life. Ethics is the moral clarity that allows us to navigate the treacherous gray depths between black and white. In the Navy and Marine Corps, ethics is a personalized byproduct of our collective core values. How and when Sailors and Marines apply their individual code of ethics is neither a note in the Plan of the Day nor a line item in a PQS. It is a gut reaction based on necessity, conscience and experience - and it can have lasting implications on career aspirations.

Service members apply ethics in both their personal and professional capacities. While afforded a degree of latitude in the personal domain, personnel still retain absolute accountability for their decisions. In the line of official duty, however, ethics generally follows a narrow path defined by myriad regulations and weighty tomes. Common sense is not necessarily the surest point of reference for ethics-based decisions. Instead, chapter and verse is the final factor.

According to the Standards of Ethical Conduct for the Executive Branch (Combined Federal Regulation 2635), 14 general principles define proper conduct for employees in uniform. First and foremost, it states, "Public service is a public trust, requiring employees to place loyalty to the Constitution, the laws, and ethical principles above private gain." Finally, it says, "Employees shall endeavor to avoid any actions creating the appearance that they are violating the law of ethical standards set forth in this part." In between are a dozen guidelines further delineating "dos and don'ts" of public service.

The four main tenets of the standards include: 1) Do an honest day's work for an honest day's pay; 2) Do not abuse government resources; 3) Report fraud, waste, and abuse; and 4) Enforce equal opportunity. Fine print filling out the periphery talks about accepting gifts, empty promises, and the time-honored tradition of paying taxes.

Bottom line - perception is often interpreted as reality! Regardless of pay grade or position, military members are held in high regard and trusted stewards of public resources. Whether a private first class or an admiral commits an act contradictory to the standards of conduct, it reflects poorly on the entire service. Credibility chasms and loss of faith can occur even if an action simply causes the mere appearance of impropriety. Can a casual bystander reach the conclusion of inappropriate action based on simple, even uninformed, observation?

Use of government vehicles, farewell gifts, Combined Federal Campaign and Navy and Marine Corps Relief

Ethics, page 13

The Energy Block

MEASURE..MONITOR..AND MANAGE..

What does this mean for us at Sigonella? Huge savings. As meters are being installed in either facilities or cabins, the energy usage is being logged monthly and calculated to find the peak hours, trends, and wastes. With the days getting warmer air conditioners will be turned on and windows and doors left open. It is going to be vital that each facility become involved in curbing its energy consumption. It is each and every NASSIG employee and resident's responsibility that if it is not needed **TURN IT OFF**. By using our eyes and ears, we will become the keys to energy savings.

Energy savings can be achieved by very simple measures such as cleaning filters on small window units, clean dryer filters, keep drapes and shades closed during the hot summer days, doing laundry at night, and cleaning refrigerator coils - just to name a few.

Any questions on how you or your command can help feel free to call PWD Energy at x2064 or x6062. Thank You.

***DID YOU KNOW:** Adding low-emissivity (low-E) coatings to all windows in the United States would save the equivalent of 500,000 barrels of oil per day—one-third the amount of oil we import from the Persian Gulf.

Let's use, not abuse

Sexual Assault Victim Intervention

SAVI offers a Sexual Assault Hotline staffed with trained Advocates who man the SAVI Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

Bethesda Takes New Approach to Treating OIF Wounded

By Corey Schultz

National Naval Medical Center Public Affairs



U.S. Navy Activated Reserve Medical Service Corps surgeons, Lt. Cmdr. Steve Madison (left), Cmdr. William O'Connor (center), and Lt. George Nanos (right), work together to apply bandages to the leg of a U.S. Marine wounded in action during Operation Iraqi Freedom.

BETHESDA, Md. (NNS) — Marines and Sailors wounded in battle and treated at the National Naval Medical Center can expect a comprehensive approach to health care.

This new program, implemented at the end of March, is now being used for all new Operation Iraqi Freedom patients. Health care providers are focused on individual patient needs for rehabilitation, psychological counseling, and family support, instead of only healing the wound and releasing the patient.

"Everyone is involved in the care of the patient," said Capt. Raquel C. Bono, director of the Medical-Surgical Directorate. "As soon as the casualty comes in, the Multi-Disciplinary Team meets and projects what the patient's needs will be beyond hospitalization."

This process makes patient care planning more efficient and enables the hospital to effectively allocate resources. Bono said the ultimate goal is to follow up with the patient after discharge from the hospital.

"This is an ongoing process predicated on the casualty's response," said Bono. "As we identify additional needs, we must be able to bend and flex to meet them."

A great deal of recovery depends on the support the patients get, emotionally and mentally, Bono added. "Taking care of families is a very important aspect," Bono said.

Family members are involved in health care discussions early on in the treatment, since they help the patient through the hospitalization and are a large part of the recovery.

The flexibility of the Multi-Disciplinary Team is another benefit, ensuring when any changes in condition or additional needs arise throughout the course of treatment, they will be met expeditiously. A patient's condition is reassessed daily.

"Things we're doing today, we're putting in place for all our other patients - not just casualties," said Bono. "We'll anticipate needs beyond their episodic care.... Once we get into the habit, this will be something we give to everyone."

In memory of Tyra Reaves



Tyra Reaves, daughter of MN1 Mary Jackson of MOMAU-5, died of cancer on April 22 at Walter Reed Hospital.

My name is Tyra Michelle Reaves. I was born in Charleston, South Carolina. May 23, 1993. My mom's name is Mary Yvette Jackson and she in the navy. My dad's name is Troy Reaves and he works in Virginia. I like to play video games and play on the computer. My teacher is Mr. and Mrs. Brickley last year it was Ms. MacCarthy, the year before that it was Ms. Crenshaw and the before that I was not in this school. My favorite subjects are science and reading. My favorite sports are volleyball and tennis.

I go to church in Motta, It's called New Hope. My favorite foods are noodles, mac&cheese, peaches, mashpotatoes and fried chicken. I don't have a favorite game or toy. I have been to Disney World, Coca cola factory and Bush Gardens. I have 3 aunts 3 uncles and more than 20 cousins I don't know all of my cousins yet. I used to live in Mascalachea, now I live in mineo. I don't have a pet. I really want a cat, a puppy and a fish. My mom had several cats and 2 dogs when she was little. Well I really like 5th grade its fun.

News Briefs

Heart Health High Blood Pressure Month

Blood Pressure and Cardiovascular Disease Screenings are available May 14, 10 a.m. - 3 p.m. at the Commissary. The hospital staff and several community healthcare professionals have teamed up to offer free blood pressure checks to you. If you have risk factors or are simply interested in having your blood pressure checked, please come by and see us. We will have you complete a short simple history questionnaire and we will assist you with follow up should you have an elevated blood pressure.

Note from the Safety Office

Traffic Safety and enforcement is the responsibility of everyone. Security is stepping up the enforcement side of traffic violations but they need your help as well. If you see someone committing an offense (i.e. reckless driving, cell phone usage, unsafe passing, no seatbelts, etc), please contact the Security Department at 624-5225 so they can begin the ticketing process.

Remember, drive slow, pay attention and stay safe.

Red Cross note

Did you know that the Red Cross maintains a Babysitter's List of NASSIG youth who have completed babysitters training? Yes, that's correct parents gave permission to add their child's name to this list as a resource for NASSIG community members.

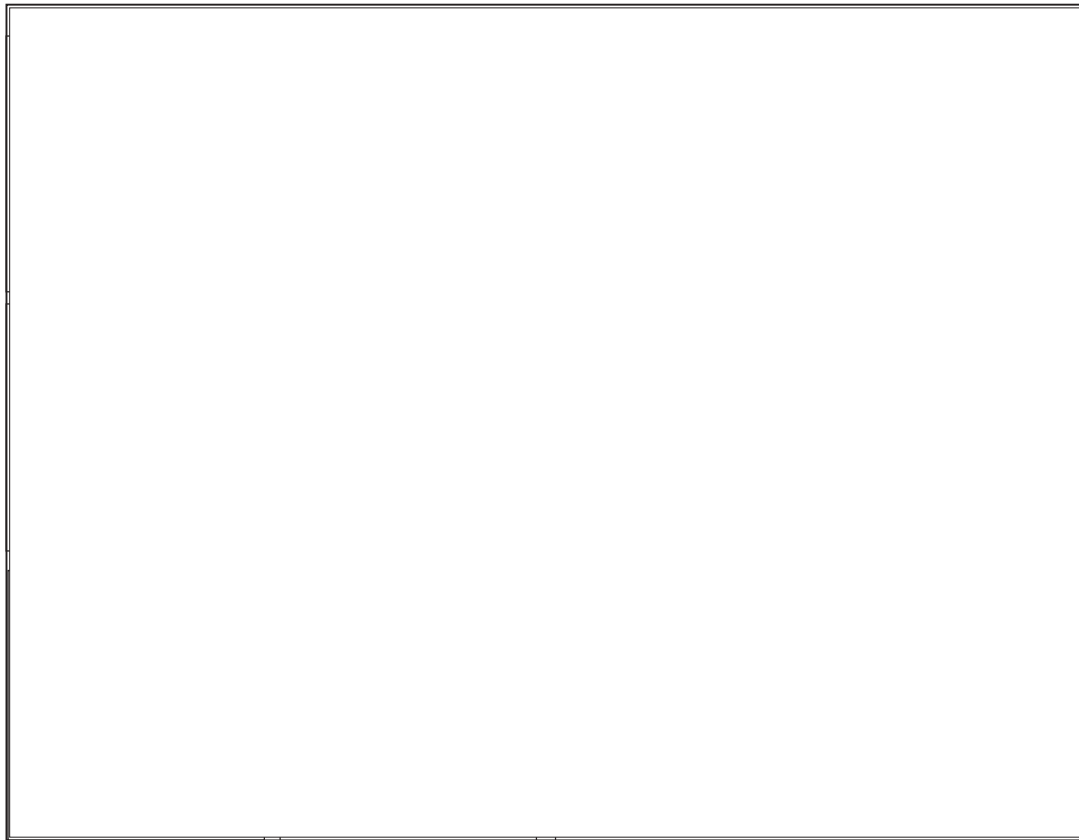
The list can only be given to persons with current DOD ID Cards who must come to the Red Cross office and sign for it. No, for security reasons, we cannot email a copy of the list.

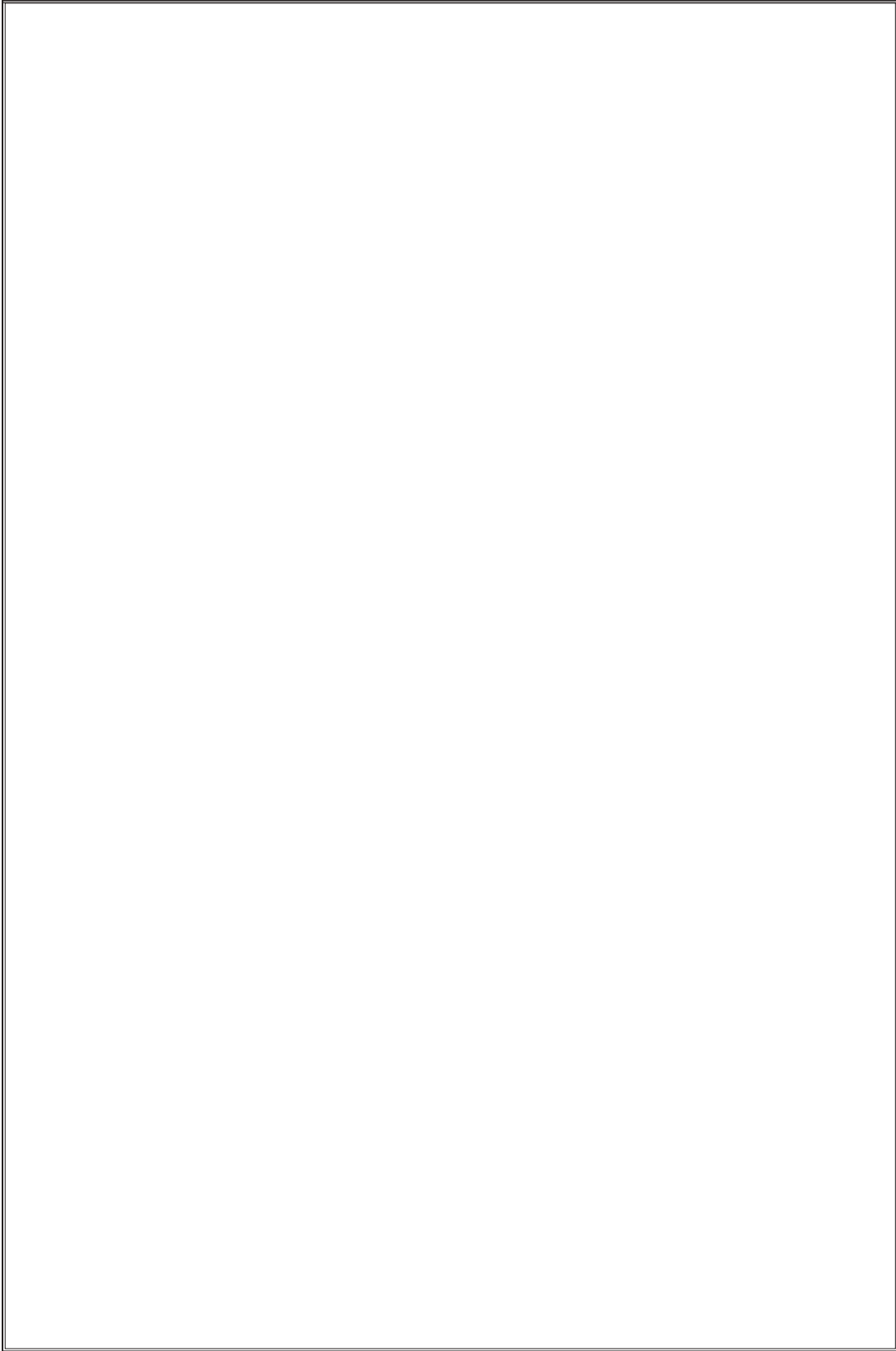
Please take advantage of this free service (ONLY THE LIST IS FREE). There are presently 28 on the list and are in areas such as: 205 Housing, Marinai Housing, Mineo Housing, Motta, Misterbianco, Acireale, Camportundo, and Santa Maria di Licodia. The Red Cross phone number is 624-5446 or x5921.

Asian Pacific Heritage Month Celebration

May 22, 2004 at 5 p.m. at the Stephen Decatur School Multi-Purpose room. Sponsored by the Fil-Am Association of Sigonella. Call Margie Castro at 624-5702/1426 for more information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COMMUNITY CALENDAR					May	
					7 NEX Job Fair 10 a.m. to 2 p.m. NEX, NASII and NEX Depot. Call 624-4278.	8 Anniversary of Naval Aviation, Navy ordered first airplane, A-1, 1911
9 Mother's Day	10 PTO Meeting 2:30 room B25	11 Horse Riding School AU all 624-4271	12 Kite Day 3 to 5 p.m. 205 Youth Center	13 Navy Nurse Corps established, 1908	14 Armed Forces Day Celebration noon to 9 p.m. NAS II ball field Sign up at Take 5	15 Armed Forces Day Sigonella Idol JOX 7 p.m.
16 Ficuzza & Corleone Winery ITT Call 624-4396	17 Teen Summer Employment Mandatory Meeting 3:15 p.m. location TBD Call 624-4018	18 UNO Contest 3 to 5 p.m. NAS I Teen Center	19 Cooking Class 4 to 5 p.m. Mineo Rec Center	20 Photo Safari Meeting 4:30 to 5:30 The Works Call 624-4488	21 Asian-Pacific Heritage Month Celebration Free at 5 p.m. at SDS multi-purpose room Call 624-5702	22 Teen Center Palermo Trip 9:30 a.m. Teen Center
23 Military Spouse Appreciation Day Free movies and bowling. Call 624-5271 for more info.	24 Dominos Tournament and pizza Night Take 5 at 5:45 Call 624-5602	25 Red Cross Volunteer Orientation 10 a.m. - 11:30 a.m. Call 624-5446/5921	26 Karaoke Jox Sports Bar 8 p.m.	27 Ping Pong Tournament Take 5 at 5:45 Call 624-5602	28 Catania History II ITT Call 624-4396	29 Tropea Camping Trip, Mainland Italy AU Call 624-4271
	Sat., May 8	Sun., May 9	Mon., May 10	Wed., May 11	Thurs., May 12	
THE CITY CALL Fri., May 7 Ladies Night at The Crater Pub from 6 - 8 p.m. Latino and Salsa night starting at 8 p.m. 9-ball Pool Tournament at 7 p.m.	Join ITT for a trek to the Alcamo Castle, dating back from the first half of the XIV century. Follow up you tour with a relaxing meal at the Ceuso Custeria with the famous Nero D'Avola. Call ITT at 624-4396 for more information.	Did you know that Etna is known for it's honey? Visit a honey farm and Castagno dei 100 Cavalli, the largest chestnut tree in Europe. Enjoy lunch at a local restaurant. Call ITT at 624-4396 for more information.	Grab the controller at Take 5 and play in their XBOX Madden 2004 Tourney. The fun starts at 6 p.m., sign up starts at 5:45 p.m. Prizes for the winners.	If you've never been on a horse, this trip is for you! You'll learn basic horseback riding techniques and enjoy an easy trail ride. Price includes transportation and guarantees you a horse. call Adventures Unlimited at 624-4271 for more information.	Head on over to The Crater Pub for their Karaoke Night at 7 p.m. Take center stage and choose from over 10,000 songs. Come early to be the first in line to sing.	







By Alberto Lunetta
Signature Staff

Italian News

Sicilian culture and lifestyle

Valley walks around Motta

Take a scenic hike in the Sicili Valley near Motta and enjoy magnificent views of the southern slopes of Etna. Starting point will be piazza Umberto (near the Church of St. Antonio) in Motta. The walks begin on May 9 at 9 a.m. At the end of the walk, the Motta Tourist Office will offer a free tasting of freshly baked bread to all participants. For more information call 095-308161.

Greek dramas come back to life in Siracusa

American writer and philosopher Ralph Waldo Emerson wrote: "The beautiful fables of the Greeks, being proper creations of the imagination and not of the fancy, are universal verities."

This is actually true. These timeless dramas, which consist of a brilliant mixture of ancient myths, complicated tragic stories, religious rituals, and lyric poetry, are still relevant to modern times.

Now imagine what could be more fascinating than watching an ancient Greek drama in its original setting, sitting where spectators from all eras have been moved by the predicaments to which human life is prone.

Yet the magnificent Siracusa Greek Theater still boasts amazing acoustic properties as well.

In ancient Greece, the first "tragedies" were actually satiric myths that were sung and danced by a chorus during the festival held in honor of Dionysus, the God of wine. According to some historians, the word tragedy seems to derive from Greek word *tragoidia* or Goat-song from the goatskins worn by the chorus because this animal was sacred to Dionysus. Besides, goats were given as awards for the best performances.

Over the years, these performances developed a more "serious" form. Instead of gaiety and burlesque the plays dealt with the relationship between man and the Gods. The purpose of these dramas was to attempt to explain questions about the nature of man, his position in the universe and his relationship with the supernatural powers governing his life. These tragic plays were basically aimed at expressing the man's feelings towards the uncontrollable external forces ruling his destiny despite his will.

Festival Schedule

Siracusa's Ancient Drama Festival boasts a world-renowned tradition dating back to 1914 and drawing over 90,000 attendees every time it is held.

Dramas will begin at 6:30 p.m. and will be staged at Siracusa's Greek Theater that is one of the largest in the world. The structure dates from the 3rd century B.C., but ancient sources already mention its existence in the 5th century. The Romans altered the theater during their rule to accommodate their circuses.

This year, two dramas will be presented at the Festival during the months of May and June.

The first is "Oedipus the King" by Sophocles (May 14 through June 20) and the second is "Medea" (May 15 through June 19) by Euripides (May 15 through June 19).

The schedule is as follows: "Oedipus the King" (May 14, 16, 18, 20, 22, 26, 28 and 30; June 1, 3, 5, 9, 11, 13, 16, 18 and 20), "Medea" by Euripides (May 15, 19, 21, 23, 25, 27 and 29; June 2, 4, 6, 8, 10, 12, 15, 17 and 19).

Oedipus the King

This is generally considered Sophocles' masterpiece. The scene opens in the city of Thebes, which is afflicted by a terrible plague and famine after Oedipus had liberated it from the "Sphinx," a riddle-loving monster who terrorized the city. An oracle foretells that in order to save the community, it is necessary to discover and exile the killer of Laius, the former city's king. Thus, Oedipus gives orders to look for the murderer. In the meanwhile, a soothsayer reveals the terrible truth. The slayer is actually Oedipus himself who accidentally killed his "real" father Laius and wed his mother Jocasta. In fact, Oedipus, after his birth, was left to die by Laius because an oracle told him the child would kill his father and wed, Jocasta the queen, his own mother. But a shepherd found the baby and later gave him to another shepherd who took Oedipus to his master, the King of Corinth. Being childless, he adopted the boy, who grew up believing he was the real King's son. Once Oedipus gradually realizes he is responsible for such a terrible murder and incest, he begins tormenting himself. Eventually, Jocasta commits suicide once she realizes she married her son and Oedipus blinds himself, becoming a wandering beggar.

Medea

Euripides' most famous and influential play takes place on the island of Corinth about fifth century B.C. and tells the story of the jealousy and revenge of Medea, a woman betrayed by Jason, her husband



The tragic heroes of "Medea" and "Oedipus the King" will be on stage at the magnificent Siracusa's Greek Theater during the 2004 Ancient Greek Drama Festival running from May 14 through June 20. Dating back the 3rd century BC, this mesmerizing teatro is one of the largest in the world.

for whom she had disowned her family and killed for. Jason has left Medea for Glauce, the beautiful daughter of Creon the King of Corinth. Medea seeks revenge on her husband with the help of her magical arts and wants to kill him, Glauce and even her own children to get even. Creon orders that she'd be exiled from the island for the safety of his daughter. But Medea dissembles to be resigned to leave and is given a day with the children before being exiled. She kills Glauce by offering her a poisoned gown and pursues the children to the temple where she eventually murders them.

Tickets

You can purchase your ticket at the following web site: <http://www.charta.it>. For more information you can also call ITT at 624-4396 or I.N.D.A. at 0931-67415.



Word Find

Painters

L V E B N Q W I R H M G Q U I I W B C E N K R F Z
G K L K X E I H L O G Y R N K H V A P L R I Y S B
A E R T S E N T L L I O I E I Q R Q E B I J D H O
X Y Z F D U O G L N E L G S C A B A T A N S K O Z
L P M Z Z R R K B I Q L C T N V O H B I T O E H D R
K X I T O S Z L Q A K L I A P M X L S I N K O H
F O C C F S L U V Q E W G T A V G O E N R O A A W
A C H V G E B A T R T G I R O N R C Y O B R D Z X
M C E V B N C R O L I N A R A B R U Z C E A B A X
G M L K T E U Q U O F T T D D O S S I K Y C L I J
M X A L S O N O M E K Y T Q P D I B V C E Q A K S
X M N G W Z S I W Q G R E S P O O M Z Y R R I A M
Y U G N A T O S U T Z E E F P C S S W D E F T N N
K V E R M E E R I G C Y L X W B S A N Z N E P D G
Y F L E R A P A N T U L A Y B S A N Z K W I R I Q
N Q O E S U O H R E T A W V E G C W H C C V O S D
C H Z T G Z T E F W W G U E F I V V O N Y R K F
P B S M A U L K L Q U F V B U J R P M B L K Y Y L
R O U S S E A S U A C A S Q F M C A Q L N S Z C R
Y F C K F E C R K H T H U Q Y O M A M O G G M O S
E B V B W D P Z D N Z X Z A B O Z V M P H L G D E
Z C S S B G H C U I O G S N N A Y R D P O U V B D
N Q W A F U X W H A L S E M S E K Q H O S X A S
B J I V R Z J M S V B S T B W T Z E O D C I Z N B
Z X Q L Z O T E B C H L X T K A W M M N H Q D E S

AERTSEN
AST
AVERCAMP
BELLINI
BEYEREN
BOTICELLI
BRUEGEL
CARAVAGGIO
CARON
CAVALLINI
CONSTABLE

COROT
CROUSEY
DOSSI
DYCK
FEKE
FOUQUET
GAUGUIN
GRECO
GUARDI
HALS
HOOGH

KANDISKY
MICHELANGELO
MOL
MONET
PAREL
PICASSO
POLLOCK
RAPHAEL
RINOIR
RODIN
ROUSSEAU

SEURAT
SHOW
TANGUY
TISSOT
VANGOGH
VERMEER
WATERHOUSE
WHISTLER
ZURBARAN

TRIVIA

- 1) Joe Montana threw how many interceptions in his Super Bowl career?
- 2) How many humans have walked on the moon?
- 3) What is another word for amuseknelon?
- 4) What are you eating if you are served "SOS"?
- 5) The Marquesas Islands belong to French Polynesia. What is the name of the largest of the islands?

(Answers on page 9)

Movie Connection

JOE'S Theater Schedule

Friday, May 7



6 p.m.
Taking Lives
(R)**



8:30 p.m.
Dawn of the Dead
(R)**

Saturday, May 8



1 p.m.
Agent Cody Banks 2
(PG)



3 p.m.
Hidalgo
(PG-13)



6 p.m.
Man on Fire
(R)**

Sunday, May 9



1 p.m.
Confessions of a Teenage Drama Queen
(PG)*



3:30 p.m.
Calendar Girls
(PG-13)



6 p.m.
Dirty Dancing: Havana Nights
(PG-13)**

Monday, May 10



6 p.m.
Taking Lives
(R)



8 p.m.
The Alamo
(PG-13)

Theater Closed Tuesdays

Wednesday, May 12



6 p.m.
Dawn of the Dead
(R)



8 p.m.
Hidalgo
(PG-13)

Thursday, May 13



6 p.m.
Dirty Dancing: Havana Nights
(PG-13)



8 p.m.
Man on Fire
(R)

Friday, May 14



6 p.m.
Never Die Alone
(R)**



8:30 p.m.
The Ladykillers
(R)**

*** Future Re-release ** Sneak Preview * Last Showing

(All times and movies are subject to change. For more information on the schedule, call the movie hotline at x4248)

SCHOOL NEWS

SDS's first ever High Five Achievers

Story and photos by Senior José Peralta

Stephen Decatur High School has begun a new program called High Five Achiever that recognizes students for their hard work. High Five Achiever was started by SDS Principal Marjorie Lewallen, and Assistant Principal Eldridge Groomes, to motivate students to keep doing well in school. To become a High Five Achiever, a student must raise his or her grade point average by at least .5 percent. The students were rewarded with a certificate, a day at the movie theater during school sponsored by the PTSA, and the recognition they deserve.



Senior Meredith Bailey

What do you think about this program?
I think it is a great way to get recognition for hard work.
What did you do different this quarter?
I worked harder on my homework and studied for tests.



Junior Stefan Brown

How did you achieve this award?
Hard work; wanting to play soccer had a lot to do with it.
How much did you raise your GPA by? 0.89



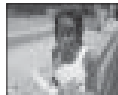
Sophomore Melanie Campbell

What do you think about this program?
I think it is really good because it awards kids with better grades and makes you want to raise GPA even more.
How much did you raise your GPA by? 1.0



Junior Bobby Canipe

How much did you raise your GPA by? 0.6
How did you achieve this? I worked harder in class.



Freshman Sherelle Desears

What do you think about this program?
I like getting recognized for my hard work.
What did you do to achieve this?
I paid more attention in class and did my homework.



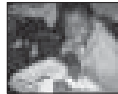
Sophomore Caitlin Harmon

What do you think about this program?
I think it's great. It's nice to be recognized for trying.
How did you achieve this?
By just doing better on tests and projects.



Senior Margaret Harmon

What do you think about this program?
I think it's a great idea.
How much did you raise your GPA by? 0.5



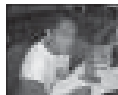
Freshman Brianna Lewis

What did you do different this quarter?
I studied harder and focused on my work more than on my friends.
What do you think about this program?
Great for people that want to do better and they could get recognized.



Sophomore Katonya Madison

How did you achieve this?
Well, I was tired of not being invited to those special lunch things and I just worked harder so that I could go to the special lunches.
What do you think about this program?
This program encourages students to strive for a higher GPA even if they don't think they could make the honor roll.



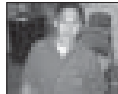
Junior Joshendy Malong

How did you achieve this?
By studying more often.
What do you think about this program?
It's really good and encourages us to do better.



Sophomore Ryan Minsk

How much did you raise your GPA by? 0.6
What did you do different?
I did my homework.



Senior Alexander Naguit

What do you think about this program?
I think it's a really good program and like the recognition.
How did you achieve this?
By doing my homework and class work.

Signonella's Half Marathon

Men's overall winner

Ahmik Jones 1:24:00
Women's overall winner
Jennifer Langevin 1:46:28

Men's Senior category

1st place- Coalesce Brown
2nd place- Nicholas Roach
3rd place- Dave Friedler

Men's Masters category

1st place- Dirk Albers
2nd place- Encarnacion Nunezflares
3rd place- Rich McKeown

Women's Senior category

1st place- Celeste Harvey
2nd place- Ruth Duda
3rd place- Ann Buff

Women's Masters category

1st place- Anna McKeown

Men's Open category

1st place- Travis Clouse
2nd place- Gaspar Vasquez
3rd place- Thad Smith

Women's Open category

1st place- Cherry Pizzarello
2nd place- Stephanie Gay
3rd place- Aimee Hatcher



Amsterdam from page 1

and a petting zoo for children to enjoy. If you get hungry, there are plenty of little shops and vendors to tide you over.

The next day, we got on a bus for an all-day Holland experience. It was a full schedule with stops at Bloemenvelding Aalsmeer, Delft, The Hague, Scheveningen, and Madurodam.

The Bloemenvelding Aalsmeer is a great way to see where your flowers come from. It is the world's largest flower auction house. If you think the NEX building is large, this one is enormous. It is over 150 hectares (which is roughly 250 football fields). Each day, various buyers bid on lots of flowers to be shipped around the world that very night. Every day, the 13 Aalsmeer auction clocks process over 19 million cut flowers and 2 million plants. The auction house is located near the Amsterdam airport for rapid delivery of which about 10 percent goes to the United States.

In the lovely town of Delft, the townsfolk were busily getting ready for the wedding (the next day) of Queen Beatrix's son, Prince Johan Friso, who gave up his claim to the throne for the love of Mabel Smit. Delft is a quaint little town widely known for its Delftware blue pottery. This famous painted pottery is expensive but worth it since all of the pottery is hand-painted. The De Delft Paun (the Delft Peacock)

is a wonderful place to stop for a tour and some pottery shopping. Delft is a like a small college town with about 15,000 students at the university there. There is some great shopping and restaurants at the town's square.

Next stop was a drive through The Hague. The queen's palace is located there and it is actually the seat of government in Holland. The Peace Palace at The Hague was built in 1913 with money donated by Andrew Carnegie. It houses the principal judicial UN body, the International Court of Justice, as well as the Permanent Court of Arbitration, the oldest institution for dispute settlement.

Then we were off to the seaside beach resort town of Scheveningen on the North Sea coast. The weather was sunny, the beach sand was warm and the shopping was fun. Scheveningen is known for its pier hotel and fishing but it will be hosting the International Sand Sculpture Festival this summer. The beach boardwalk reminded me some of Rehoboth, Delaware or Virginia Beach areas.

The last stop of the tour was the miniature town of Madurodam. This is the smallest city in Holland! All of the objects in the collection are built to 1:25 scale. It includes many of the known historic buildings, landmarks and transportation venues in Holland. Most are electronic so you will actually see the trains move along its track through the Holland



The Peace Palace in de Haag (The Hague). The palace was paid for by the Andrew Carnegie Foundation and was built in 1913. (left)

The tulip fields outside of the Keukenhof Gardens. Tulips are the major flower crop in Holland. Bulbs are sent all over the world to nurseries, flower shops and individual owners. (top)

The sliding bookcase which hid Anne Frank's Secret Annex from the Germans during World War II. Anne, her sister and parents and four others hid for over two years before they were turned in to the Nazis. Anne died in Bergen-Belsen one month before it was liberated by British troops. (bottom right)





Brussel's Jubilee Arch was built to commemorate the 50th anniversary of Belgium's independence. The arch is located in Parc du Cinquantenaire (commonly known as Jubilee Park), (far left)

Windmills are plentiful in Holland. At one time there was over 10,000 windmills but due to irrigation modernization, there are only 900 left.

Flowers of every shape and color are in full bloom at the Keukenhof Gardens near Leiden, Holland. The gardens was a botanist's heaven! (bottom)



countryside. My son's Brio set is tiny in comparison to these trains! You'll see windmills, palaces, ships, and docks, is conveniently located at Madurodam.

We ended the evening with a nice canal cruise (there are many to choose from). The long boat took us through much of the town and showed us a variety of houses, canals and attractions. It was well-worth the money.

The next day I ventured off to the museums with Scott Pusateri from the Flight Line Clinic while our wives went shopping. If you haven't gazed upon Van Gogh's *Sunflowers* or *Wheatfield with Crows*, you are definitely missing something special. These paintings are some of the most well-known of his work and about 200 of his paintings are located at the Van Gogh Museum. You'll even see a Picasso or two there as well.

Over in the Rijksmuseum, you will see the finest collection of Rembrandt art in the world. The Rijksmuseum is Holland's national museum and contains over 1 million objects. We didn't get to see most of the them due to renovations, but what we saw was spectacular. Rembrandt's 1642 painting of *The Company of Captain Frans Banning Cocq and Lieutenant Willem van Ruytenburch* commonly known as *The Nightwatch*, is the centerpiece in the collection. The 12 x 14 foot masterpiece covers an entire wall. In 1715, the original was cut on four sides so it would fit in the Amsterdam town hall.



You'll also see a 16th century Delftware violin, the counter decoration of the English man-of-war *Royal Charles* (which the Dutch Navy captured in 1667), various silverware and pottery made by Dutch artists, and other masterpieces by Van Der Helst, Van Miereveld, Van Delen, Steen and more.

The last tour of the day was a somber visit to the Anne Frank House. We have all read the story of the 12-year-old Jewish girl whose family went into hiding with four others during the German occupation of Holland. For over two years, the Secret Annex was the home where Anne wrote her diary. Otto Frank's (Anne's father) co-workers saved the diary after the Germans took the Frank family and other to the camps. The diaries were returned to Otto Frank once he returned to Amsterdam after his liberation at Auschwitz. He was the only survivor of the eight who went into hiding. Anne Frank's diary was first published in 1947 in Dutch. The original diary is located at the museum.

We left Amsterdam early in the morning on the bus back to the Brussel's airport. Amsterdam is a must-see city while you are stationed here in Europe. ITT and our guide, Coleen Balent, did a fantastic job of arranging this trip to Amsterdam. It was well worth the money to experience some great food, historic sites and fabulous flowers. There is plenty of things to see and do for the entire family. I would highly recommend it to everyone.

Trivia Answers

- 1) Zero
- 2) 12
- 3) Cantalope
- 4) chipped Beef on toast, Same old slop
- 5) Nuku Hiva

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Hard-working Sigonellan earns highest rank in Boy Scouts

Story and photos by
JO1(SW) Brian Johnson
Staff Writer

It takes a lot of hard work and perseverance to earn the right to wear the symbol of an Eagle Scout—an eagle with the Boy Scout motto “Be prepared” on a red white and blue field, but one Sigonellan recently accomplished this feat.

William V. Guarno, Sigonella's first Eagle Scout since 1997, was promoted to his new rank in Boy ScoutTroop 53 at an Eagle Court of Honor at the NAS 1 Chapel April 29.

To become an Eagle Scout Guarno had to earn a minimum of 21 merit badges, be active in his troop for at least six months at the rank of Life Scout, demonstrate Scout spirit by living the Scout Oath and Scout Law, serve in position of responsibility

while a Life Scout, plan develop and give leadership to others in a community service project, take part in a Scoutmaster conference and complete an Eagle Court of review. All the requirements except the

Far right: Lt. Cmdr. Louis Guarno puts William Guarno's new Eagle Scout neckechief on during his Eagle Scout Court of Honor.



At right: A Boy Scout from Troop 53 lights candles symbolizing the 12 parts of the Boy Scout Law. Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean and Reverent.





court of review must be completed before reaching the age of 18.

"I'm very relieved," said William. "It's been very special for me. The trail has been difficult but rewarding. I couldn't have done it without my father. Dad always took me everywhere."

William's father Lt. Cmdr. Louis V. Guarno has been involved with Troop 53 in Sigonella and the pride he feels for his son's accomplishment shone through on the night. "Words can not explain my feelings," he said. "I've been involved with this troop for a while and to see [William] reach the rank of Eagle Scout is wonderful."

One of William's fellow Scouts hope to achieve

the honor of Eagle Scout and says that William has helped him on his way to that rank. "He has helped me along so much by teaching me everything from a simple flag ceremony to something complex like running a meeting," said Dane Roberts, Life Scout. "I hope to earn Eagle Scout and [William] has helped me get closer to that rank."

During the court of honor Capt. Ken Bitar, NAS Sigonella executive officer, told William "The Eagle Scout badge is not just reward for good service, but warrants more service to the community."

These are words William intends to heed by



A boy scout leads Troop 53 in the Scout Oath and pledge of Allegiance to open the Eagle Court of Honor for William Guarno.

staying active in Troop 53. "Now that I'm an Eagle I will continue to help by giving to this community," he said.

William's path to Eagle Scout started with a somewhat innocuous statement to his mother. "One day we were driving somewhere and the car in front of us has a bumper sticker that said 'I'm proud of my Eagle Scout,'" William said. "I told mom it's not that hard to make Eagle Scout. I can do that. And the journey began."

Make Eagle Scout is not as simple as William originally thought. Fewer than four percent of

Boy Scouts achieve the rank of Eagle Scout, no small feat when you consider there are more than 25 million Boy Scouts worldwide. A thought that was not lost on many of the America's senior scouts who wrote letters to William to congratulate him on his accomplishments.

William's accomplishment puts him in the company of some famous people like, Gerald Ford, former U.S. president; James Lovell jr., Apollo astronaut; Willie Banks, Olympian and former world record holder in the triple jump and long jump; and Donald Rumsfeld, secretary of defense.

William's word of advice to all the scouts of Troop 53 is to "persevere, strive to make it and you can become an Eagle Scout too."

At left: An Italian Boy scout congratulates William Guarno on earning the rank of Eagle Scout at a ceremony April 28.

Trident's lead the way in NMCRS fundraising

By PH2(AW/SW) Catherine R. Douthitt
VP-26 Public Affairs

The "Trident" of Patrol Squadron 26 (VP-26) surpassed last year's mark in a recent month-long fundraising effort for the Navy-Marine Corps Relief Society (NMCRS). The Brunswick, Maine-based squadron led their air station back home, contributing over \$16,200 while forward deployed to NAS Sigonella, Sicily.

Team Trident was able to accomplish this amazing feat under the leadership of Lt. j.g. Ronnie Brown, Aviation Machinist Mate Chief Petty Officer (AW/NAC) Lisa Clemmey and their team of eighteen workcenter representatives. Several strategies were used to raise funds for the campaign, and personnel from all levels of the squadron participated.

Aviation Structural Mechanic First Class Patrick McNulty volunteered to be the NMCRS treasurer for the command, accounting for all drive-related documents and funds while meeting the squadron's goal of 100% contact. "I wanted to be part of the NMCRS Fund Drive because they do so much for Sailors, Marines and their families," said McNulty. "It is great to know the Society's volunteers, who do so much for our

Service community, will have the financial resources at the ready to assist our Sailors and their families when in need."

Realizing cash donations and allotments alone would fail to reach the command's monetary goal of \$10,000; it was clear additional fundraising efforts would be needed. Personnelman Second Class (AW) April Murray stepped up and organized a Hot Wing sale, raising over \$300 for the cause. Not to be left out, Team Trident's Chief Petty Officer Mess joined the Wardroom band to host a cookout and party, raising \$1,017 in just one evening.

At the end of the month, Team Trident took pride in announcing the command had not only exceeded their goal, but had also beaten the previous squadron record for the NMCRS annual fundraiser by over \$4,000. "It's hard for an empty bag to stand upright," said Clemmey. "I knew VP-26 could surpass last year's goal of \$9,000, but we really filled the bag this year! Assisting with the NMCRS Fund Drive was awesome."

There's no doubt this group of volunteers raised the bar for next



Capt. Dan Lynch, Commodore Patrol and Reconnaissance Wing Five, congratulates ADC(AW/NAC) Clemmey on VP-26's fundraising efforts for Navy Marine Corps Relief Society. Team Trident led the base by raising a over \$16,000 for the Society. Also pictured are other members of the NMCRS committee: PN2(AW) April Murry, AE1(AW) Stephen Altenbrand, AM1 Patrick McNulty and Lt. j.g. Ronnie Brown.

year's fund drive, but knowing Team Trident, this group of Sailors will find a way to surpass it.

Sigonella kids learn money management

Story by Nicole Hamaker
Staff Writer

Union, gave the kids a basic understanding of where money comes from, where it goes and how to hold on to it.



Tracy Pollard, a Member Service Representative at Navy Federal Credit Union, teaches children about money management in a "Budgeting for Kids" class held at Fleet and Family Support Center at Naval Air Station Sigonella

If you were to ask a kid how they would spend lots of money, they could probably come up with a few ideas. However, ask that same kid how to save lots of money and they might not come up with an answer at all. Well thanks to the Fleet and Family Support Center (FFSC) and Command Financial Specialist MM1 Walter Nieves, some Sigonella kids can tell you exactly how to save money.

Budgeting for Kids, a class recently offered by FFSC was geared towards pre-teens and taught the kids all about money. The class, which was taught by MM1 Nieves and Tracy Pollard, Member Service Representative at Navy Federal Credit

After sitting through the first part of the class, she said she was glad to be there.

Dustin Fowler, another Stephen Decatur student, had a different need. "I have an allowance but I have no clue how to spend it," said Dustin. He was hoping to learn how to manage money he already has. Dustin said he learned a lot in the class including how to earn interest and where you can put your money.

MM1 Nieves said that he would like to teach more of these classes in the future, hopefully improving and expanding them. Information on the possibility of future classes can be obtained by contacting FFSC.

**Burke from page 1**

assignments, at first Burke wasn't sure if he'd enjoy the support side – as command senior enlisted advisor he acts for the officer in charge on all enlisted matters. "But actually," he says, "I enjoy doing that!" Not only does he enjoy it, he also believes it could have helped him make rank. "I like to think this is what separated me from other candidates that might not have been selected," suggests Burke. "You do some of these things that you don't get comfortable with ... (step) outside the normal bounds of duty."

Burke says all these things helped him get where he is today – achieving the rate of Master Chief Petty Officer on his first attempt. When his Navy career started over two decades ago, he says he didn't have this course planned out. "Never ... in my wildest dreams did I think it would culminate with Master Chief," Burke shares. Does he have a clear course now? "I can see myself going into the Command Master Chief program sometime in the near future."

Teachers from page 2

good reputation for the program with school administrators and principals. The TTT headquarters office recently sent out a survey to 1,000 principals regarding the teachers who have come from the program.

"We received more than 800 replies from the survey. Of those, 17 percent received an average for performance, and more than 75 percent ranked above average and higher," said Gantz. "School systems are finding former military members to be very valuable assets. They bring leadership skills, a concern for their students (similar to their troops) and a lot of experience to the classroom."

Schools are also seeing a higher retention rate from former military members than teachers who just finished college.

The cultural diversity of the military is proving an added bonus, as the program is providing individuals from a variety of backgrounds. "Schools are looking for a stronger presence of male and minority teachers at the elementary level. A lot of kids are being raised by one parent, and schools are looking for positive role models to help fill that void," added Gantz.

Teaching positions are available at the elementary, middle and high school levels in suburban, small towns, rural and inner-city areas. There is a higher demand for math, science and special education teachers. Positions for other subjects are obtainable, but applicants may need to be more flexible with location.

Sailors can consult their TTT representative on job availabilities, or check the Department of Education Web site at www.teachers-teachers.com. The Web site lists teaching vacancies for each state.

Sailors interested in the Troops to Teachers program can get more information from their state TTT office, stateside DSN 312-922-1241 or on-line at www.ProudToServeAgain.com.

Ethics from page 3

fundraising raffles, frequent flyer miles, social functions, use of computers, and political activities represent some of the most common ethical minefields military members must navigate in the course of normal service. It is in these uncertain situations where judicious application of ethics becomes paramount. While precedent has led to the creation of comprehensive guidance for most of these areas, many service members make decisions that feel right, and later suffer pain for their indiscretion.

Department of Defense Directive 5500.7-R recommends the following steps for employing an ethical decision-making plan: 1) Define the problem; 2) Identify the goals; 3) List applicable laws or regulations; 4) List the ethical values at stake; 5) Name all the stakeholders; 6) Gather additional information; 7) State all feasible solutions; 8) Eliminate unethical options; 9) Rank remaining solutions; and 10) Commit to and implement the best ethical solution.

Sailors and Marines can and should apply these same basic procedures in private life as well. While the level of scrutiny may be less intense off duty than in the office, service to nation is a 24-hour pursuit. Press accounts and police reports inevitably mention a member's military service even if momentous ethical breakdowns occur after hours, in foreign ports, or on leave. Personal conduct ashore is a breeding ground for ethical implosions given intangibles like alcohol, anorexia, and the almighty dollar.

Ultimately, ethics is a critical component of personal and professional behavior. It profoundly impacts individual and institutional integrity. Given the potential repercussions, do you use the government card to get to your grandmother's funeral on time?

Births

February 24, 2004

Celina and Jowan Miller
Justice Michael Miller
19 ½ inches, 6 pounds

April 8, 2004

Laura and Jason McDonald
Amanda Nicole McDonald
19 inches, 7 pounds 3 ounces

April 10, 2004

Jennifer and Robert Clem
Mackenzie Leigh Clem
19 ¼ inches, 7 pounds 2 ounces

April 12, 2004

Breanna and Russell Boulware
River Benjamin Boulware
20 ½ inches, 6 pounds 15 ounces



Il Mercato

The Signature

Anyone interested in sending ads via email should leave a phone number and point of contact name at sigsignature@yahoo.com. Ads run for two weeks and are run on a space available basis and must be sponsored by active duty military members, family members or Italian National/ American base employees.

Ads must be 40 words or less. The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. If someone would like these types of services in The Signature they can call Jerry Boritzki @ 095-307-412 to pay for an advertisement.

Paid Ads

Tired of housecleaning? Italian house cleaner with 17 years experience working for Sigonella. Provides on and off base services. For 125 Euro will clean four times per month. Call x1485.

Sales person needed. Must be fluent in both Italian and English. Must be self-motivated with good communication skills for the sales of quality Italian made furniture. Call between 11:00 a.m. and 1:00 p.m. 338-301-6526(Cell), 330-662-408 or 095-713-0254.

1993 BMW 520i, full opt, A/C. Asking \$6000.00. Negotiable. Call 348-431-2582.

1993 BMW 520i 24V A/C FO \$4900 Call 349-431-2582

1999 Honda Integra Type R 18, full optional. Euro 11,500. Call 347-231-2237

1972 Fiat 500L, white. Euro 2,500 Call 348-530-1059

Automotive

1971 Mini Minor MK3, red, motor-good condition, body-good condition, all original. \$3800.00. Call Antonio at 624-3762 or 339-401-1979.

1993 Rover 214i, convertible, burgundy with new black top, stereo with 12 CD changer, maintenance performed regularly, new oil/filter, new fuel filter, new air filter, exhaust system, thermostat and head gasket. Radiator was flushed. Immaculate condition. Low mileage on tires. \$4,500 O.B.O. Call Matthew at 624-2783, 624-1351 (home), 340-594-3393 (cell).

1995 Opel Calibra 4X4 Turbo 2 door coupe, Silver, 204HP, 6 speed, Full Options, ABS, AC, PW, Sunroof, Leather, Kenwood AM/FM CD/MP3 player, AFI plated, Dealer maintained since possession, Excellent condition, rare, Asking \$7500.00 OBO. Call Antonio Hodge 338-107-1028.

Alfa Romeo 33 In perfect condition. Must see. \$1500.00 CALL 347-758-5654.

1996 Citroen Xantria Station Wagon MTLC grey, A/C, air bags power windows and locks. Great condition. Asking \$2350.00. Call Joseph at 338-2185499.

2003 Honda CBR 600F4i with 1,700 miles exhaust and sprocket has been changed. Asking \$8,000 OBO. Serious Inquires Only. For More Information Call 340-822-0037.

1991 Volkswagon Polo, 4 cylinder, hatchback, sunroof, AM/FM Cassette radio, Safety inspection completed, and CT plated. Has dent in door and paint is worn. Reliable car. \$1200.00 OBO. Call Louis or Laura at (095) 727-0498.

1995 FIAT Punto Selecta. 4DR, Automatic, AC, PW, Good condition, Reliable car, perfect for Sicily! \$4200.00/Best. Call 340-972-5353 or 340-972-5354.

1995 Renault Clio, Automatic, 93,000K. \$2800.00/best. Ask for David at 095-308-786.

1993 Chevy Cavalier. Red, automatic, tinted windows, sunroof, working AC. Also has a single disc CD player installed. Good condition. Asking \$700 OBO. Call me, Farida, at 3294790660.

2000 Ford KA, blue, A/C, power steering, windows and locks, dual airbags and alarm. Great gas mileage, \$6500. Call 624-6406 (days) 095-727-1402 (eves).

1986 Fiat Uno 60 S. Drives great. Just passed inspection. Available now. \$800.00 Call Jimmy at 335-786-4254 or x 5036 or 5028.

1969 VW Bug for sale. Red. Great shape. Motor just overhauled. Runs fantastic!! Many new parts. \$3200 OBO. Call Mike at 624-0346.

2002 Harley Davidson Superglide Sport. Purple Pearl with blacked-out engine. 5300 miles. Like new with extras. All servicing up to date and performed by Harley Davidson dealer. Asking \$13,500. Call AE1 Morse at 095-89-6932 or 340-277-7245.

1970 FIAT 850 Special, rear 4-cylinder engine and radiator. AFI cover plates. *All original* Can take back to the U.S. Just inspected. Asking \$3,500. One of only 3 in Sigonella. Call victorx0628 or 347-687-0667.

1989 Honda Legend coupe 2.7/6cyl, mint condition, must see. Almost never used, 12,000 km, 5 speed, met-blue-petrol, leather/lumbar seats, air conditioning, CD player, sunroof, alloy rims, non-smoking, \$3700 Call X6886, 347-3103296.

1997 Alfa Romeo 155 Full optional, \$2,200 OBO. Call 333-2733562.

1991 Lancia, 4 door, AFI plated with power windows and doors, heat and air conditioning. Car will be ready May 10. Asking \$2700.00. Call Syd at X0140 or 339-859-2150.

2002 Fiat Punto ELX 4 door, Asking \$6800 O.B.O. AFI plated, excellent condition, very reliable. Call Jennifer at x0271 or 349-880-1608.

1985 FIAT van type Camper. Has diesel engine, natural wood interior, running water, hot water, toilet, shower, furnace, eating area and cargo rack. Sleeps 4. This is a smaller type camper. Can be seen on NAS I. Green and white. Asking \$2500. Call 095-308-378.

1989 BMW 535i metallic dark green, A/C, power locks and windows, leather seats, full optional. Asking €1900.00. For more info call Dante at 347-725-2937 or 624-6041.

1974 Mini for sale. Burgundy with tan interior. In good condition. Call 335 7254 745.



Send Il Mercato advertisements to sigosignature@yahoo.com

1991 BMW 520i, Great car, very reliable. All four tires are only 6 months old, cold A/C. Must sell due to PCS move. \$3,500 O.B.O. Available June 1. Call 624-0355 OR 333-749-2224.

1992 Alfa Romeo 33, Red, 4 door, five speed. Reliable second car. Asking \$1,500 OBO. Comes with rack. Call (H)624-0104 (WE) 624-3152 or (Cell) 348-528-0564.

2000 Jeep Wrangler Sport, 4.0 Liter engine, CD, ABS brakes, AC and heat. Only 30,000 miles, AFI cover plated, automatic, white/tan, soft top, and lots of Jeep extras. Asking \$15,000 OBO. Call 335-768-3760 or 624-1247.

1990 BMW 735i Metallic gray, fully loaded, automatic transmission, AM/FM radio plus CD player and leather seats. Asking \$4,900 Call 335-766-4243.

1997 Minivan for sale. Automatic, 4 cylinder, AC, AM/FM stereo. Asking \$4,000. Call 339-624-3428 or 333-254-8916.

Aprilia Gulliver scooter 50 cc, very good on gas for downtown, very comfortable, only \$1,800.00 OBO, kept in garage, perfect condition, only 2,000 miles, call Frank 333-2288597.

Pets

Must place family dog, child has allergies. House broken, loves to go running, loves people. Free to good home, will pay adopting family. Comes with kennel, toys, yard tie-up, grooming equipment. Has all shots, spayed and chipped. Call x1279.

Four-month-old Boxer mix. Must have a lot of patience and know how to train a puppy. Puppy is extremely smart and loves children. If interested in giving a puppy a good home, please call Susan at 348-730-1171.

For Sale

For Sale: square wood coffee table. Traditional with claw feet. Four beveled glass inserts on table top. Paid \$149.00 - will sell for \$70.00. Call Kathleen at X3772

Little boy clothes! Sizes 2T-4T, each piece \$1. Also shoes, jackets, & PJs. Umbrella stroller with shocks \$20, tricycle \$10, diaper bag \$5, Ride-on Firetruck \$20, High Chair \$20, sit & spin toy \$10, forward facing car seat for 20-40 lbs \$40. Please call x1396.

220v Vacuum \$25; 220v light fixtures, adapters, Italian phone, accessories; various 220v appliances -\$5; 220v Iron -\$10; Ironing board -\$5; Treadmill -\$100; Mosquito bed nets -\$20; Screens. Sega system w/10 games -\$15; BBQ tanks -\$10; Bathroom vanity-\$5; Small rugs-\$10. Call 095-472-199 or 348-804-0463.

Sports Cards no commons, selling in 20 card lots for \$15.00. Guaranteed 1 Lebron & 1 autograph or game used memorabilia or numbered superstar in each lot, guaranteed your money's worth. If interested call Jason at 095-522-242. Single cards are also available.

Children's bunkbed and dresser, never used, \$400. Older children's bedroom set, all quality wood, \$500. 4 15" aluminum alloy rims with tires (185/95), \$50. Queen size bed, 3 years old, \$250. Contact Scott at 624-6102 or 095-30-9111.

New ASUS A7N8X-X motherboard, 8X AGP, AMD Socket A, 400/333/266/200 Hz FSB, NVIDIA nForce 2 chipset, 4 USB 2.0, 5 pci, LAN, \$60.00 firm Call 340-9296907, or 624-4341 and ask for Mickey, or email wt@wtmcwilliams.com

SONY 5 Megapixel Digital Camera DSC-F717 (\$689) + SONY 2X Telefoto Zoom Lens (\$299) + SONY External Flash (\$199) + 288MB of

Memory Sticks (\$138). All original accessories and box included. I want to upgrade. \$1325 value, I will sell all for \$800.00 firm. Call 340-9296907 or 624-4341 and ask for Mickey.

Heater fan for sale, \$40.00. Also, bombola heater with bombola. Cell phone with chip, \$10.00. Couch and love seat, \$330.00. Call Syd at x0140 or 339-859-2150.

Brand new, never been used full size dark wood bedroom set. Includes head & foot board, rails, large dresser, large mirror & Black entertainment center still in box. Bought for \$900 total. Will sell for \$700. Available MAY 11th. E-mail Danielle at danigirl_7@yahoo.com for digital pictures of this furniture or call 3331177224.

Power Wheels Jeep for kids! Designed for ages 1 1/2 - 4 years of age and maximum weight 50 lbs. Lots of fun! Will sell for \$50. Please call x1396.

Sports cards for sale. I am getting rid of my collection. Singles, autographs, jersey cards, favorite players. Some packs for sale which include football, baseball, and basketball. If interested email silkysull_2000@yahoo.com or geechild@msn.com.

Camouflage Netting - huge piece \$35.00, refrigerator/freezer 220V, frost free, \$225. cabinet pieces (2) Walnut \$30.00, Dog Kennel M/L on wheels \$25.00 Call 095-52-0298.

Blue evenflow baby swing, \$30.00; pack n' play playpen, \$40.00; Oak TV Stand, \$50.00. Call Claire at 095-39-9539.

Wanted

American babysitter needed in Motta for weekends. Call X2203, 309-465 (home), 338-867-3565 (cell).

Wanted glider rocker or rocking chair. Call Melissa at 338-819-6802 or 095-86-0666.

Math tutor needed for my fifth grader. I am looking for someone with a background in education. I am willing to take my child to the tutor. Assistance is needed immediately. Please call Amber at 624-0613 or 095-86-0613.

Wanted: Child's car booster seat, contact Suzanne at X3258, 335-141-5641 (cell) or 095-754-5336

Calling all knitters! Local knitting club starting up. All levels of experience welcome. If you are interested in joining us, please email Deb at sicityknitter@yahoo.com or call 624-0154 for more info.

Yard Sale

There will be a Teacher's Trash N' Treasures sale in the area of the bus loop on May 8 from 10:00 a.m. - 2:00 p.m. If it rains, we will move inside of the school on the B-wing. POC - Nancy #3268

Lost and Found

Lost: pair of boys prescription glasses in case. Left on running shoe shelf area of NEX 4/21. If found please call Mike at X0189. Please call, my parents are very... upset.

Jobs

Navy Exchange Sigonella is currently looking for prospective associates to fill the following positions: Sales Clerk, Store Worker, Customer Service Clerk. For more information, visit the Personnel Office on the second floor of the main Navy Exchange, or contact Enzo Curcuruto at 624-4276/75.

